Instructions for Triple Monkey Google Doc Log

Is this log for me?!?
*This is not the required log for the Triple Monkey Challenge, just an option
*You need to have access to a Google account to use this form
*These instructions are based off our computer view, not mobile view.
*It does not happily download into Excel
*You should be somewhat familiar with Google sheets as we are a wacky events company not techies. There are some helpful hints on page 3
 *If this log option is not for you simply choose one of the other options! Happy logging!*

STEP 1:
Open the link, and immediately go to FILE and select MAKE A COPY so that it is on your drive. Reread the previous sentence 40 times and then click HERE! Please note there are formulas in cells and they are not locked when you copy ONLY TYPE IN INSTRUCTED COLUMN.

STEP 2:
Choose the tab that aligns with the challenge you have selected!

MINUTES CHALLENGE ▼   MILES CHALLENGE ▼
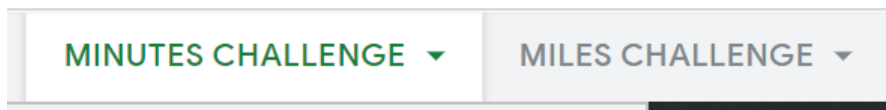
STEP 3:
Get moving and then log your minutes or miles!

MINUTES:
Please note, when logging by MINUTES. If your moving time was 1 hour and 27 minutes you would log 87 minutes. If you enter 1:27 the page will literally explode.

MILES:
If you are going to be logging by Miles, you are going to have to do some fraction work in the water column. 1 Mile = 1760 Yards or 1609.34 Meters. If you swam 500 yards…divide 500 by 1760….gets you .65. Enter .65 into the column for your miles! Wheeled and Run/Walk you should just enter your total miles for the day!