

# Challenge



# Calendar

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

				1 <b>ROLL CALL!</b> Let us know where you're joining us from and what your goals are!	2 <b>Family Day</b> Get some minutes with your family or friends today, safely of course!	3 <b>Color Day</b> Wear your favorite color(s) during your minutes and show us all!
4 <b>Fruit Day</b> Enjoy some healthy post-run fruit today, just like our robin friends!	5 <b>Drink Day</b> Crack open your favorite beverage for a post-workout libation.	6 <b>Home Day</b> Stay close to the nest and get some minutes in near your home today!	7 <b>Long Day</b> Some robins migrate 3,000 miles, make your workout today a long one.	8 <b>Fancy Day</b> Strut your stuff and wear your fanciest outfit today. Share it of course!	9 <b>Hat Day</b> Wear your favorite hat for your minutes today and show us what you've got!	10 <b>Trail Day</b> Embrace nature and hit the trails for your minutes today! Get out there!
11 <b>Cow Day</b> Find some bovine friends during your minutes today, it's for the cows!	12 <b>Sweet Treat</b> It's sweet treat day! Share your favorite sweet treats with us today!	13 <b>Lucky Day</b> Luck or not, it's the 13th! Incorporate a 1 and 3 into your minutes today!	14 <b>Recovery Day</b> Take it easy today, you've earned a break. Do an easy workout or take the day off.	15 <b>Garden Day</b> Enjoy a garden today. Get your minutes in or near a garden!	16 <b>Pet Day</b> It's National Pet Day. Share your animal friends with everyone today!	17 <b>Early Bird</b> You know what they say! Get out there and get your minutes in early today!
18 <b>Fact Day</b> It's fun fact day! Share a wild and crazy fact with everyone today.	19 <b>Bingo</b> It's time for bingo! Get your bingo card and get out there for some fun!	20 <b>Hills Day</b> It's time for some hills. Get some elevation today by hitting the hills!	21 <b>Workout Song</b> Share your favorite song(s) to workout to with everyone today!	22 <b>Earth Day</b> Celebrate the Earth by enjoying the environment during your minutes!	23 <b>Poem Day</b> Embrace all that is spring and share your favorite spring poem today!	24 <b>Flower Day</b> Find some spring flowers during your minutes today and share them with us!
25 <b>Superhero Day</b> Channel your inner Robin! Dress like or share your favorite superhero today!	26 <b>Sweet Shades</b> Show us your coolest eyewear day! Embrace the spring sun!	27 <b>Art Day</b> Let's get artsy! Create some cool GPS art today and share it with everyone!	28 <b>Big Day</b> We're almost there! It's time for one last big push. Go big today, however you'd like!	29 <b>Craft Day</b> Make something cool and share it with everyone today. Get crafty!	30 <b>Celebrate</b> You made it! It's time to celebrate an amazing month of minutes!	