

CHALLENGE

MILEAGE LOG

re. MAS? ARC TIN

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 MILES TODAY:	2 MILES TODAY:	3 MILES TODAY:		-	6 MILES TODAY:
	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:
7 MILES TODAY:	8 MILES TODAY:	-		11 MILES TODAY:		13 MILES TODAY:
TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:
14 MILES TODAY :	-		17 MILES TODAY:	18 MILES TODAY:		20 MILES TODAY:
TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:
21 MILES TODAY:						
TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:
28 MILES TODAY:		30 MILES TODAY:	-			
TOTAL MILES:	TOTAL MILES:	TOTAL MILES:	TOTAL MILES:		and the second sec	