

# 100K STREAK *a* Day CALENDAR!

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

			<b>Roll Call</b> <sup>1</sup> Tell us who you are, where you're from, and your favorite kind of apple.	<b>Back to School</b> <sup>2</sup> Share a picture from your school days.	<b>Apple Gear</b> <sup>3</sup> Celebrate this month of apples by wearing an apple themed outfit today.	<b>Big Donut</b> <sup>4</sup> End your distance today with a zero, also maybe eat some donuts.
<b>Yummy</b> <sup>5</sup> Share your favorite apple-based foods today.	<b>Gala Day</b> <sup>6</sup> Get dressed up in your fanciest attire and show us your best during your miles today.	<b>Variety</b> <sup>7</sup> 7,500 varieties of apples grown throughout the world. Incorporate a 7 and 5 today.	<b>Honey Crisp</b> <sup>8</sup> Enjoy a sweet treat after your miles today.	<b>Apple Pie</b> <sup>9</sup> Share your favorite apple pie recipe and maybe even enjoy a slice.	<b>Apple a Day</b> <sup>10</sup> Keep the doctor away by getting in some extra exercise on top of your miles today.	<b>Cider Day</b> <sup>11</sup> Cider-day Saturday, enjoy some delicious apple cider.
<b>In Orbit</b> <sup>12</sup> John Glenn took applesauce into space. Wear an out of this world outfit today.	<b>Apple Blossom</b> <sup>13</sup> Apple blossoms open pink and transition to white. Wear pink or white today.	<b>Rome Day</b> <sup>14</sup> Have some Italian today to go with your Rome apple.	<b>Johnny Appleseed</b> <sup>15</sup> Show us what you've planted and grown.	<b>Eat An Apple</b> <sup>16</sup> Today is international eat an apple day. Enjoy one or more!	<b>Red Delicious</b> <sup>17</sup> Wear your best red outfit for your miles today.	<b>Record Breaking</b> <sup>18</sup> The largest apple picked was four pounds. Set your own record today.
<b>8%</b> <sup>19</sup> Around 8% of apples produced in the US come from Michigan. Incorporate an 8 in your miles.	<b>Apple Juggling</b> <sup>20</sup> Show us your best attempt at some apple juggling today.	<b>BINGO</b> <sup>21</sup> Get your miles and get a BINGO today!	<b>Newton</b> <sup>22</sup> Apples have a famous place in history. Fight gravity today and get some elevation gain.	<b>Orchard</b> <sup>23</sup> Embrace the orchard and get out into nature for your miles today.	<b>How You Eat It</b> <sup>24</sup> Share your favorite way to eat an apple today.	<b>Apple Stack</b> <sup>25</sup> Stack as many apples as you can and then incorporate that number into your miles.
<b>It Floats</b> <sup>26</sup> Apples float because they are 25% air. Find some water today and maybe see if you float too.	<b>All Roses</b> <sup>27</sup> Apples are a member of the rose family. Take a picture of some flowers during your miles.	<b>Teacher Day</b> <sup>28</sup> Show some appreciation for the teachers out there and give one an apple, virtual or otherwise.	<b>Whole Bushel</b> <sup>29</sup> A bushel of apples weighs 42 pounds. Work a 4 and 2 into your miles today.	<b>Celebrate!</b> <sup>30</sup> You made it! Now it's time to celebrate!	Join in the fun with this events calendar. Join the Facebook group and share your journey!	